Monowara’s husband, Abdul Kalam, has not been home for nine months. Due to a lack of work opportunities in the chars, he has moved to the mainland to work as a day labourer. In a month Abdul Kalam sends Monowara Tk.600-700 (around £7). This is not enough for Monowara to support herself and her three young children. She says that hunger is often a problem, and she can barely differentiate the lean season from the rest of the year.

Before joining the CLP, Monowara’s family was assetless. In the last few weeks, they have received a heifer through the CLP’s asset transfer project. The heifer is pregnant, which is exciting news for the family. When it gives birth, Monowara plans to sell the calf. She and her family will be able to drink the milk the heifer produces and sell the remainder. This money will allow her to buy more food and be less vulnerable. She is also receiving CLP stipends for the duration of 18 months, which is increasing her income. Her house will be raised on a plinth to protect her assets and family during the annual floods, and she will get access to a sanitary latrine and clean water to help reduce illness.

As she moves through the programme, Monowara will receive training from the implementing organisation SKS on sustainable livelihoods such as poultry rearing, cattle management and vegetable production. With an increasing amount of assets, the family will experience less hardship, and Monowara’s husband may come back to work on the chars.

“Before receiving the heifer I did not have any assets – no chickens, no share-goat and no land”