

Disability and Disadvantages Sajeda: Overcoming Disability in the Chars

Participant Profile	
Name	Sajeda
Date of Joining CLP	June 2010
District	Kurigram
Village	Velamari
Marital Staus	Married
Implementing Organisation	RDRS



Sajeda lives with her four children, her husband Khalegue, and her father in law Amir. Both Khaleque and Amir are visually impaired. As two adult family members are unable to work,

the household has always had an unstable income and struggled to obtain and father in law enough food for even lived in hardship to two meals a day.

Since my husband

In June 2010, Sajeda children. joined the CLP and purchased an ox using the asset transfer grant. After five months, she sold the ox, and with the profit purchased essential goods such as food and clothes. She also reinvested in a cow and two goats. Sajeda and her son, Nazmul, now rear this livestock.

Sajeda has experienced extreme flooding 12 times in her life. While flooding is a traumatic experience for all *char* dwellers, the situation is more difficult amongst families in which one or more members have a disability. CLP has raised her family's house on a plinth. Sajeda says she no longer lives in fear of flooding.

The CLP also provided seeds, which enabled her to grow her own fruits and vegetables. This independence was important to Sajeda, given that she cannot rely on her husband to provide these. To help Sajeda's family, her CLP Social Development group donates 2.5 kgs of rice to her father in law every week. This type of safety net provides them with extra support in light of their vulnerability.



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